

## Phase Two Facility Quarantine set for November 18, 2020 Mental Health Action Plan

- The mental health department will maintain current operations.
- Per our current procedures, the mental health department will continue to respond to on call to any location in the jail.
- Inmates admitted to 3A from Intake, once cleared will be placed in the appropriate quarantine cell per timeframe.
- Psychiatric evaluations/medication orders will continue.
- Suicide Assessment and placement will continue. When cleared, inmates will return to their location of origin, excluding new admissions from intake-See third bullet point above.
- We will continue to respond to Sick call requests.
- For On-Call and Sick Call responses, in addition to addressing the psychiatric reason for the call, we will make the following resources available:
  - 1. Chapters from the Book "Mind over Mood" to assist with coping skills.
  - 2. Sleep and relaxation packet to provide coping skills
  - 3. Journal
  - 4. Puzzles
  - 5. Learning to relax your mind packet. Coping skills for overactive thinking, breathing exercises, muscle relaxation exercises.